



# VOLUNTEER FOR THE ADEPT-2 STUDY

Visit [www.bristol.ac.uk/adept](http://www.bristol.ac.uk/adept) or talk to the ADEPT-2 research team to determine your eligibility for the study

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## Autism in Depression Trial - ADEPT-2

We are running a study to find out whether the 'talking' therapy Guided Self-Help is an effective treatment for depression in autistic adults.

- are you aged 18 years old or over?
- are you experiencing low mood/depression?
- do you have a diagnosis of autism?

\*Participants have a 50:50 chance of receiving Guided Self Help or Usual Care



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