

HOW DO DISABLED ADULTS FEEL ABOUT PHYSICAL ACTIVITY MESSAGES?

We are looking for disabled adults to answer some questions about how they feel towards different messages about physical activity.



The study has been co-produced with a diverse range of Disabled adults.

You do not need to be physically active at the moment to take part.



You can take part if you:

- Are disabled or have a long-term health condition
- Are aged between 19 and 64
- Live in the UK
- Can take part in an online survey



Age 19-64



You will get a **£10 voucher** to thank you for taking part.



If you want to take part, please email
patrick.jachyra@durham.ac.uk

This study has been approved by the Durham University Research Ethics Committee.



**For more information about the study, please email Patrick Jachyra:
patrick.jachyra@durham.ac.uk**