

I am already registered with Darlington Carers Support YES  NO   
/ Durham County Carers Support

I am not registered but would like to know more.

Only complete the remainder of this form if you are able to gain the consent of the person you care for.

## About the person I care for

Name .....

Relationship to me .....

GP SURGERY .....

Name of GP .....

I have a Carer who supports me and I would like this recorded on my patient records and I understand that my records may be linked to my Carer's patient records. I also understand I can withdraw my consent to this at any time by contacting my GP surgery.

Signed .....

Date .....



# Does your GP know you look after someone who has an illness or is disabled?



## Your local charity supporting carers

**Durham County Carers Support**

**Tel:** 0300 005 1213

**Email:** [admin@dccarers.org](mailto:admin@dccarers.org)

**Darlington Carers Support**

**Tel:** 0300 0301215

**Email:** [admin@darlingtoncarers.org](mailto:admin@darlingtoncarers.org)

Charity Number: 1069278 Company Number: 3534933

[www.dccarers.org](http://www.dccarers.org)

# Being a Carer can often affect your own health.

By letting your GP surgery know that you are caring for someone could help your GP offer you better support.

By using this form your practice can mark your records to indicate you are looking after someone who cannot manage without your help

This will enable your GP practice staff to see instantly that you might need extra support and advice. In addition if the person you care for is able to give their consent their records can be linked to yours as their Carer.

## Contact Durham County Carers Support and Darlington Carers Support for help with

- Specialist advice and information
- Home visits offering one to one support
- Practical help with completing forms, gaining benefits, grants and other funding and more...

### Durham County Carers Support

Tel: 0300 005 1213

Email: [admin@dccarers.org](mailto:admin@dccarers.org)

[www.dccarers.org](http://www.dccarers.org)

Funded by:

  
North Durham  
Clinical Commissioning Group

### Darlington Carers Support

Tel: 0300 0301215

Email: [admin@darlingtoncarers.org](mailto:admin@darlingtoncarers.org)

  
Durham Dales, Easington and Sedgefield  
Clinical Commissioning Group



  
Darlington  
Clinical Commissioning Group

If you are already registered with Carer Support we may have already advised your GP you are a Carer, but to enable your surgery to update their records you will need to complete this form and return it to FREEPOST RTXA-HHGH-SAGE, Durham County Carers Support, Enterprise House, Enterprise City, Meadowfield Avenue, Spennymoor, County Durham, DL16 6JF as soon as possible and we will ensure your records are updated.

## About me

Name .....

Address .....

Postcode .....

Telephone Number .....

Date of Birth .....

GP SURGERY .....

Name of GP .....

I hereby consent for my details to be added to your Practice Carers Register.

Signed .....

Date .....



Continued Overleaf